



INFORMATION

DATE

Saturday, May 5th, 2012 (9am – 6pm)

LOCATION

Vanier College (Athletic Complex) – Side Field (Natural Grass)
821 Ste-Croix Blvd.
St-Laurent, Quebec H4L 3X9

WHO CAN COME?

- QBs (male and female) of all ages and abilities are welcome
- Coaches wanting to learn some drills and my method of teaching QBs

EQUIPMENT

Each QB should bring the following:

- Outdoor training gear
- Outdoor shoes (natural grass field)

PACKAGES

QUARTERBACKS = **\$160.00**

This **includes**:

- On the field QB training
- Locker room with shower and locker (lock not provided)
- QB School T-Shirt
- Skip Rope
- Lunch

COACHES = **\$50.00**

This **includes**:

- Access on the field
- Locker room with shower and locker (lock not provided)
- QB School T-Shirt
- Lunch

PAYMENT TERMS

NO PERSONAL CHEQUES PLEASE

How / Where to Pay?

1. In Person - CASH, CERTIFIED CHEQUE, or MONEY ORDER: please call to make arrangements to meet.
2. By Mail, along with WAIVER and REGISTRATION form, please send CERTIFIED CHEQUE or MONEY ORDER to be received **prior to the camp date** to the address below:

RON ABOUD

P.O. Box 405, St-Laurent, Quebec, Canada, H4L 4V6

Tel: (514) 919-8522

Email: info@ronaboudqbschool.com

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COACHES *

Name	School/Program	Position
Ron Aboud	Vanier Cheetahs (College)	Offensive Coordinator and QB Coach
Duraney White	Concordia Stingers (University)	Receiver (Former QB coached by Ron Aboud)
Jabari Arthur	Calgary Stampeders (CFL)	Receiver (Former QB at Vanier College)
Liam Mahoney	Hamilton Tigercats (CFL)	Receiver (Former QB coached by Ron Aboud)
Jérémi Doyon-Roch	Sherbrooke Vert et Or (University)	QB (Coached by Ron Aboud)
Jean-Philippe Shoiry	Sherbrooke Vert et Or (University)	QB
Ben Groulx	Bishop's Gaiters (University)	Offensive Coordinator and QB Coach
Daniel Bouvrette		
Rick Szabo	La Prairie Diablos	Head Coach

ITINERARY *

SATURDAY, MAY 5 (2012)

<u>Itinerary</u>	<u>Start Time</u>	<u>End Time</u>	<u>Duration (min)</u>	<u>Location</u>
Registration	8:00	9:00	60	Entrance
Players' and Coaches Meeting	9:00	9:15	15	FIELD
FUNDAMENTALS - LEVEL I	9:15	11:30	135	FIELD
Lunch	11:30	12:30	60	FIELD
FUNDAMENTALS - LEVEL II	12:30	14:45	135	FIELD
Break	14:45	15:00	15	FIELD
FUNDAMENTALS - LEVEL III	15:00	17:45	165	FIELD
Final Words	17:45	18:00	15	FIELD

**Subject to change if required*